

**Del E Webb Wellness Center  
Pool Schedule**

	Monday	Tuesday	Wednesday	Thursday	Friday
5:00am-9:00am	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)
9:00am	WaterWorks w/Laura (1-2) Lap Swim (3-6)	AquaJog w/Laura(1-2) Lap Swim (3-6)	WaterWorks w/Laura(1-2) Lap Swim (3-6)	AquaJog w/Laura(1-2) Lap Swim (3-6)	WaterWorks w/Laura (1-2) Lap Swim (3-6)
10:00am	Water Fit w/Laura (1-2) Lap Swim (3-6)	WaterWorks w/Laura (1-2) Lap Swim (3-6)	WaterFit w/Yo(1-2) Lap Swim (3-6)	WaterAerobics w/Laura(1-2) Lap Swim(3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)
11:00am-12:00pm	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)
12:00pm-1:00pm	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)
1:00-6:00pm	Family Swim (1-2) Lap Swim (3-6)	Family Swim (1-2) Lap Swim (3-6)	Family Swim(1-2) Lap Swim (3-6)	Family Swim (1-2) Lap Swim (3-6)	Family Swim (1-2) Lap Swim (3-6)
6:00pm-8:45pm	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)	Family Swim (1-2) Lap Swim (3-6)

	Saturday	Sunday
7:00am-11:00am	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)
11:00am-3:00pm	Family Swim (1-2) Lap Swim (3-6)	Family Swim (1-2) Lap Swim (3-6)
12:45pm-3:00pm	Special Olympics(5-6)	Family Swim (1-2) Lap Swim (3-6)
3:00pm-4:45pm	Adult Open Exercise (1-2) Lap Swim (3-6)	Adult Open Exercise (1-2) Lap Swim (3-6)

(#'s) indicate lane assignments  
schedule subject to change  
without notice

