

EXECUTIVE SUMMARY

The *Mohave County Community Health Needs Assessment 2025* was completed through partnership between Kingman Regional Medical Center and the Mohave County Department of Public Health. This assessment aims to identify and describe the health needs of the populous of Mohave County and to identify priorities to address with health programming until 2028.

This *Needs Assessment* comprises several components gathered through diverse data collection methods between October 1st, 2023 and March 1st, 2025. It includes the following:

- ♦ Data collected during a semi-structured interview of 37 key informants working in governmental, public benefit, or healthcare sectors throughout Mohave County.
- ♦ Findings from a community survey of 1,474 residents of Mohave County.
- ♦ Diagnostic data from hospital admissions at Kingman Regional Medical Center.
- ♦ Available reports for causes of death within the county, published in the Arizona Department of Health Services Health Status and Vital Statistics report of 2022.
- ♦ Information gained during the completion of 7 community focus groups consisting of 83 community members.

Several themes emerged that represent the major findings of this needs assessment (**Summary Table**). These themes represent areas of concern for the residents, key informants, and health leaders of Mohave County and/or were the predominant diagnosed health issues requiring medical intervention or causing death at higher-than-expected rates for this region's demographic details.

A detailed description of the Mohave County Community Health Needs Assessment methods, process map, and actions to address the identified priorities can be viewed in the Mohave County Community Health Improvement Plan 2025-2028. This document is available to view on the websites for Kingman Regional Medical Center (www.azkrmc.com) and the Mohave County Department of Public Health (www.mohave.gov).



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Key Informant Interviews	Community Survey	Medical Diagnostics	Morbidity and Mortality	Community Focus Groups
<p>Seniors, youth, and the homeless are Mohave County’s most vulnerable populations.</p> <p>Mental health, substance use, and poverty are the most important health issues in Mohave County.</p> <p>The defining characteristics of a healthy community are healthcare systems, areas for exercise and recreation, and opportunities for social engagement.</p> <p>Economic stability is the most important social determinant of health.</p> <p>The largest barrier to expanding the health of residents in Mohave County is the lack of robust community infrastructure and health resources.</p>	<p>The majority of Mohave County residents report being in good health.</p> <p>The three most common personal health challenges among residents are issues related to weight, joint and back pain, and high blood pressure.</p> <p>The three most common community health problems identified by residents include: mental health, aging, and motor vehicle injuries.</p> <p>The most common social barriers to a healthy Mohave County were poverty, a lack of medical providers, and a lack of affordable housing.</p> <p>Mohave County residents expressed difficulty accessing medical care from specialists, mental health providers, and primary care providers.</p>	<p>The most common points of entry into the healthcare system for Mohave County residents were: symptoms, signs, and abnormal clinical laboratory findings, and factors influencing health status.</p> <p>The most commonly diagnosed diseases for residents of Mohave County were: diseases of the musculoskeletal system and connective tissue, endocrine, nutritional, and metabolic diseases, diseases of the circulatory system, and diseases of the respiratory system.</p> <p>Residents of Mohave County without medical insurance most commonly interfaced with the healthcare system due to injury, poisoning, and diseases of the respiratory system.</p>	<p>The leading causes of death among residents of Mohave County were cardiovascular disease, cancers, chronic lower respiratory disease, and unintentional injuries.</p> <p>The largest disparities between men and women for causes of death were diseases of the heart, chronic lower respiratory diseases, cerebrovascular diseases, and Alzheimer's disease.</p> <p>Residents of Mohave County were less likely to die from diabetes and essential hypertension than the general Arizona population.</p>	<p>Focus groups throughout Mohave County identified the following priorities to address:</p> <ul style="list-style-type: none">♦ Community programs and resources♦ Education♦ Healthcare access <p>The residents described a need to build systems that work towards:</p> <ul style="list-style-type: none">♦ Enhancing pediatric medical care.♦ Education on nutrition and medical insurance processes.♦ Developing community navigation processes for health and social services.

Summary Table. Recurring Themes of Community Health Needs and Concerns.