

# BREAST CANCER FACTS

## What Is Breast Cancer?

Breast cancer begins when cells located in the breast start to grow out of control. In time, these abnormal cells can invade other tissues in the body. If not detected and treated in time, breast cancer kills.

## 1 In 8 Women Will Have Breast Cancer In Their Lifetime!

Breast cancer is the most commonly diagnosed cancer and second leading cause of death among women. Over 220,000 women in the United States will be diagnosed with breast cancer and more than 40,000 will die each year.

## Catch It Early!

If breast cancer is discovered and treated while still confined to the breast, most people survive to live full active lives. However, survival rates decrease with later discoveries of breast cancer. Finding the disease early can save your life!

Because breast cancer is epidemic among women, every woman age 40 and older should have a yearly mammogram to detect early signs of breast cancer. Women who have a family history of breast cancer should discuss with their doctor the appropriate age to start screening mammograms.

## What is a Mammogram?

A mammogram is a low-dose x-ray of the breast that can show an extremely small tumor before you notice symptoms or before you or your doctor can feel it in a breast exam. Early detection with mammograms saves many thousands of lives each year!

## What If I Can't Afford A Mammogram?

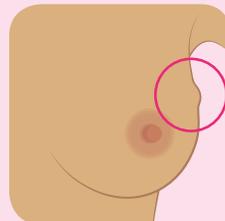
Most insurance providers, Medicare, and AHCCCS cover annual mammograms. But, if you don't have insurance or if your deductible is more than you can afford, we can help you get the care you need through the KRMC "Catch It Early" program. With community contributions and grants, we provide free or low-cost mammograms and other breast health services to women who qualify.

**Call today to schedule your mammogram!**

**KRMC Imaging Center  
(928) 692-2727**



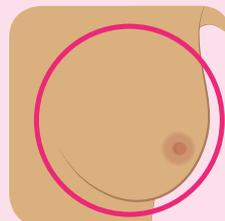
**Call your doctor if you notice ANY of the following symptoms:**



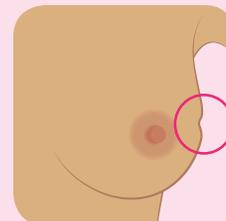
*Lump, hard knot or thickening inside the breast or underarm area*



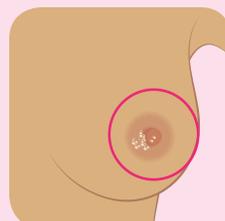
*Swelling, warmth, redness or darkening of the breast*



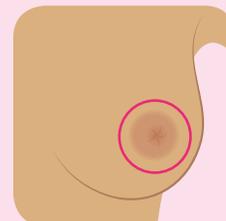
*Change in size or shape of the breast*



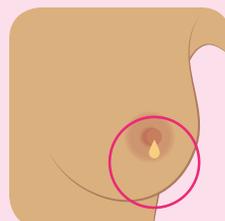
*Dimpling or puckering of the skin*



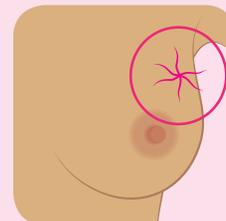
*Itchy, scaly sore or rash on the nipple*



*Pulling in of your nipple or other parts of the breast*



*Nipple discharge that starts suddenly*



*New pain in one spot that does not go away*

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**KRMC Imaging Services**  
1033 Sycamore Avenue  
Kingman, Arizona 86409  
(928) 692-2727  
www.azkrmc.com



**PREVENTION | DIAGNOSIS | TREATMENT | RECOVERY**